



PICO Procedure Pre-Treatment Care

- Avoid direct sun exposure to the treatment site 4 weeks prior to session.
- Avoid use of sunless tanning products 4 weeks prior to session.
- Avoid laser treatments, IPL, or chemical peels 4 weeks prior to session.
- Avoid neurotoxin (2 weeks) or filler injections (4 weeks) prior to session.
- It is important to use any prescribed pre-treatment skincare products or medications as directed by your treatment provider.
- Discontinue any active products such as retinol or hydroquinone 3 days prior to treatment.
- Alert your provider of any medications or supplements you are currently taking as some medications may affect the outcome of your treatment.